

Reverse Advent Calendar

What is a reverse Advent Calendar ? It is where you collect an item a day from the **6th November**, so on **1st December** you will have a box of 25 items to donate to York Foodbank in time for Christmas

Suggested shopping list:

- 1 Toiletry sets
- 2 UHT milk
- 3 Tinned Vegetables
- 4 UHT Juice or Squash
- 5 Instant Mash
- 6 Tinned Fruit
- 7 Coffee
- 8 Sponge Puddings
- 9 Biscuits
- 10 Tooth brush/Paste
- 11 Cleaning Products
- 12 Cereal
- 13 Pasta Sauce
- 14 Soap
- 15 Tinned Custard
- 16 Pot Noodles
- 17 Jam
- 18 Baby Wipes
- 19 Tea Bags
- 20 Toilet Rolls
- 21 Pasta
- 22 Rice
- 23 Cooking Oil
- 24 Tinned Tomatoes
- 25 A Christmas Item (mince pies, Christmas pudding, Selection Box, Sweets, Chocolate NO alcohol)



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<https://york.foodbank.org.uk/>